



CHRISTMAS

JUMPER DAY



Save the Children

Educational Guide

BUILDING CHRISTMAS WITH CHRISTMAS JUMPER DAY

Solidarity is a fundamental value, and supporting justice and dignity improves our own lives and those of others.

In today's society, children and adolescents need to be aware and think and act for their own and other people's well-being.

When the educational community comes together to work for a common cause, it conveys the idea of using personal responsibility and involvement to improve the world.



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PARTICIPATING ON CHRISTMAS JUMPER DAY...

We propose you give meaning and identity to Christmas and design your Jumper for an important cause, pneumonia in the Democratic Republic of Congo.

The Democratic Republic of Congo is one of the countries where children find it very difficult to survive. Deaths from pneumonia are concentrated in the poorest countries and especially among the world's most disadvantaged children.

Pneumonia does not have the same consequences throughout the world. Poverty, living conditions, structural violence, lack of access to health systems, are some of the factors that make the difference between being cured of the disease or not.

Vaccines and medicines are not a luxury. In many impoverished countries vaccines are not affordable and millions of children are left unprotected against pneumonia, just because of where they live. The international community must support them and we are all part of the international community.

The objectives

- To give meaning to Christmas by promoting student participation in **Christmas Jumper Day**.
- Working together to defend the fundamental rights of children, supporting the fight against pneumonia, one of the causes of child mortality.

The content

Democratic Republic of Congo, pneumonia, health, disease, water, food, nutrition, hospitals, medicines, vaccines, rights, solidarity, support, justice, dignity, participation...

The skills

- Creativity and expression
- Empathy and understanding
- Group work and collaboration
- Participation



EARLY YEARS EDUCATION

“LET’S BUILD CHRISTMAS”

WE PROPOSE

Find a Jumper at home and use creativity to shape it for an important cause. We take advantage of Christmas to build social and shared identity and cohesion through group dance.

YOU NEED

A plain wool jumper, large buttons, Christmas print fabrics, felt fabric for the eyes and mouth, velcro, Christmas music and a mobile phone or a video camera.

HOW TO DO IT

The teacher explains that we are going to have a “Christmas Jumper Day”

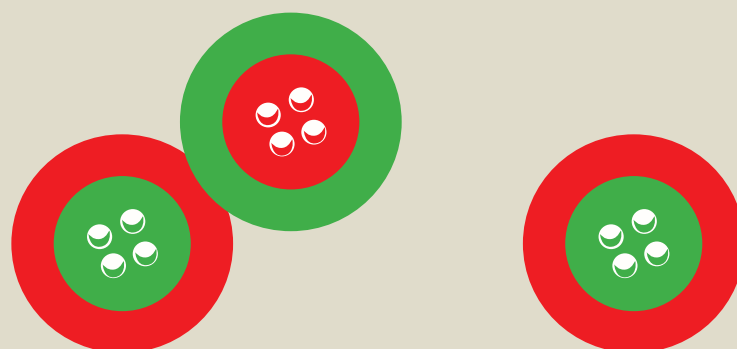
A specific day where with our Jumper we are going to support an important cause: to help children in the Democratic Republic of Congo to improve their living conditions and survive pneumonia.

We decorate our Jumper according to the following identity guidelines:

- We will make big eyes with lots of hope for recovery
- We will look for large buttons to put a nose on our Jumper
- We will decorate the hair with fabrics with Christmas motifs
- A beautiful mouth that says children can be cured of pneumonia

We perform a simple dance-choreography

We look for Christmas music, lasting about two minutes, and the whole class participates in the dance with their Jumper on. We practice the choreography and record “the big moment” on video.



SUGGESTIONS

- We stick our Jumper eyes, hair, nose and mouth on with glue.
- We adapt the rhythms of the choreography to the ages of the participants.
- We make a group video montage to remember Christmas 20-21, while supporting the human rights of girls and boys.
- The activity can also be carried out individually or as a family.

AT THE END

We exchange our video with family and friends so that they can financially support the improvement of life, and that we can fight diseases like pneumonia together.



PRIMARY EDUCATION

“OUR JUMPER HAS A NAME”

WE PROPOSE

Find a Jumper and identify it with names of Congolese children to reflect the improvement of children’s rights, and bring expression and a social and shared identity to Christmas by identifying the moment with a cohesive group dance for a great cause.

YOU NEED

A plain wool jumper, large buttons, Christmas print fabrics, felt fabric for the eyes and mouth, velcro, Christmas music and a mobile phone or a video camera.

HOW TO DO IT

The teacher explains that we are going to have a “Christmas Jumper Day”

A specific day in which we are going to support an important cause with our Jumper. We will help children in the Democratic Republic of Congo to improve their living conditions. They need clean water, vaccines, healthy food, medicines, health centres, in order to survive pneumonia.

We have to decorate our Jumper

We know that pneumonia has many names in the Congo, names of children who have the right to good health, boys like Bene, Koffi, Wamba, Mivek; and girls like Binéka, Tissina, Sanza, Ndenga... Identify your Jumper with a name you like, cut out the letters on various Christmas fabrics and sew them to your Jumper.

Find Christmas music about two minutes long and perform a dance-choreography

So that the whole class participates with their Jumper on, we practice the choreography and record the result on video.

SUGGESTIONS

The activity can also be carried out from home by individuals or families, making a group video montage to remember Christmas 20/21, and at the same time supporting the rights of girls and boys.

AT THE END

We can exchange our video with family and friends to financially support our cause: improving the living conditions of children and alleviating diseases such as pneumonia.



SECONDARY EDUCATION

“YOUR JUMPER HAS A CAUSE”

WE PROPOSE

Find a Jumper and use your creativity to make it colourful at Christmas in support of an important cause, the prevention and improvement of pneumonia in the Democratic Republic of Congo. At the same time we give a social meaning to Christmas and group cohesion through dance.

YOU NEED

A plain wool jumper, Christmas fabrics, scissors, wool, thick needles, Christmas music, Christmas accessories (hats, glasses, noses, wigs...) and a mobile phone or a video camera.

HOW TO DO IT

The teacher explains that we are going to have a “Christmas Jumper Day”

A specific day where with the transformation of our Jumper we are going to support an important cause, to help improve the living conditions of children in the Democratic Republic of Congo and help them to survive pneumonia.

We identify our Jumper with the cause

No one will recognize you, but they will recognize your cause. We decorate our Jumper with the words “**PNEUMONIA**” on the front and “**CAN BE CURED**” on the back, we cut out the capital letters in Christmas fabric and sew them on our Jumper.

Find a Christmas tune about two minutes long and perform a dance-choreography

The whole class participates with their Jumper on and with Christmas accessories to dress up in (wigs, hats, glasses...). We practice the choreography and record the moment on video.

SUGGESTIONS

The activity can also be carried out at home, individually or as a family, and then a group video montage can be made to remember Christmas 20-21, and at the same time support an important cause: the dignity and rights of girls and boys.

AT THE END

We can share the video with family and friends so that they can financially support the eradication of diseases such as pneumonia in children in the D.R. of Congo.



SCHOOL ACTIVITY

“CHRISTMAS SCHOOL FLASH MOB”

WE PROPOSE

Bringing together the participating classes in a big and open space in the school, and performing together each of the choreographies prepared by the classes to record a Christmas Flash Mob in support of improving children’s human rights.

YOU NEED

To put the music selected by each class back to back (starting with the oldest children and finishing with the youngest), or to make the Flash Mob easier have the same Christmas music for everyone.

HOW TO DO IT

In a large space (sports hall, square, school yard) assemble the different classes and students with their Jumpers and perform each of the choreographies prepared by the classes.

The senior class begins and the rest join in (e.g. Year 6, 5, 4, 3, 2, 1 primary, early years / Year 13, 12, 11, 10, 9, 8, 7 college and secondary). They join in one by one, until they are all dancing in the space, in different areas.

Once everyone has participated, they begin to break up into classroom groups: starting with the youngest and finishing with the oldest (the older children spend more time in the Flash Mob).

The video recording of the entire Flash Mob is made from a strategic point.

SUGGESTIONS

The activity can be carried out outside the school premises with the necessary permits. The same music or song can be suggested to all the classes during the Flash Mob.

AT THE END

We can share the video made with family and friends, upload it to YouTube, to the centre's social networks... and make a financial contribution to improving the living conditions of girls and boys, to improve preventable and avoidable diseases, such as pneumonia.



**Survive.
Learn.
Protection.**



Save the Children

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