



Save the Children

MYANMAR EARTHQUAKE

IMPACT UPDATE: SEPTEMBER 2025

Mum, Daw Khin Yu*, helping her daughter with her studies at a shelter supported by Save the Children in Mandalay, Myanmar.

It's been six months since a 7.7 magnitude earthquake and strong aftershocks hit Myanmar, killing more than 3,800 people and injuring around 5,100 more.

Many families are still living in temporary camps after over 50,000 homes were destroyed or severely damaged. In July, heavy monsoon rains caused **severe flooding and landslides**, making it even harder for families to rebuild and recover.

"It's going to rain, and they said big winds are coming. I don't have a home anymore. I'm really scared."

– girl, 12 years old, Myanmar

Thousands of students had **no school to return to** in June since more than 2,600 schools were damaged or destroyed. Their mental health is also suffering after witnessing such a terrifying disaster.

Before the earthquake, conflict and climate disasters meant one third of the population (19.9 million people) needed support. Now, **food insecurity is rising** since crops, grain stores and farming equipment were destroyed. Damaged roads and infrastructure are making it even **harder to transport food** and other goods, while disruptions to trade routes are causing the price of commodities to rise.

Despite the challenges, our teams and partners in Myanmar have continued providing food, shelter, cash, healthcare, education and mental health support to families affected by this disaster.

IMPACT IN MYANMAR

Over the last six months (March-September), we've helped over **180,000 people**, including almost **50,000 children** across 95 townships in earthquake affected areas. This includes:

BASIC ASSISTANCE

- Provided **cash assistance** to over 60,000 people (13,000 families) so they can buy food, medicine and other essentials they need.
- Provided **hot meals and food parcels** – with rice, oil, beans and canned fish – to 29,000 people in the immediate aftermath of the earthquake.
- Distributed over 26,000 **emergency kits** – with blankets, sleeping mats and mosquito nets – and set up over 1,000 **shelters** for displaced families.
- Provided **clean drinking water** to over 190,000 people and distributed over 12,000 **hygiene kits** – with essentials like soap, toothbrushes and sanitary items. We've also repaired damaged water points and **installed toilets and showers** with safe spaces for women.

SPOTLIGHT: NUTRITION

Moe Lay* is one year old and lives with her mother and grandmother in Mandalay, Myanmar. During the earthquake, her mother was badly injured and required major surgery. Without her mother, Moe Lay didn't get the nutritional support she needed. Our teams visited Moe Lay and her grandmother, Daw Thu* at home and discovered she was malnourished.

We provided her with treatment (ready-to-use supplementary food) and advice for Daw Thu on how to feed her to keep her healthy. Now, she is recovering well.

Photo: Moe Lay being measured with a mid-upper arm circumference (MUAC) band to test for malnutrition.



HEALTH & NUTRITION

- Run **five mobile health clinics** providing emergency health care and first aid services to over 22,000 people. This includes **medical consultations** for almost 14,000 people.
- Screened over 7,700 people for **malnutrition** and treated over 1,700 children with **micro-nutrient sachets**, as well as training volunteers to help prevent malnutrition within communities.
- Supported over 1,300 mothers with **breastfeeding counselling** and set up two mother and baby areas to promote breastfeeding and other positive nutrition practices.

PROTECTION

- Set up **47 safe spaces**, giving 14,000 children a place to play, receive emotional support and regain a sense of normality. In areas where children can't access these spaces, we're providing toys and games to support their social and emotional wellbeing.
- Provided **mental health and psychosocial support** to 13,000 people, including 4,000 children. This includes individual case management support for vulnerable children and psychological first aid for children and caregivers.

EDUCATION

- Set up **96 temporary learning spaces**, helping 5,000 children to access education.
- Distributed almost **4,900 student kits**, 13 early education kits and 19 teacher kits with essentials like pens, books, school uniforms and bags.
- **Delivered training** on disability inclusive education, psychosocial support and social and emotional learning to more than 80 teachers.
- Carried out **structural assessments** of over 100 schools in southern Shan in collaboration with partners and worked with communities to encourage children back to school safely.



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8-year-old Cherry* is attending a school supported by Save the Children in Mae La camp, north Thailand.

Cherry and her mum, Su*, pose after buying new school supplies ahead of the new academic year.

IMPACT IN THAILAND

When the earthquake hit, tremors were felt across the region especially in neighbouring Thailand. Almost 600 homes and many schools were damaged, impacting thousands of children – particularly migrant and refugee children living on the northern Thai-Myanmar border.

We worked with partners in remote northern areas to provide **mental health and protection support** to children and families worst impacted by the quake, helping more than **32,069 children** overall.

We also assessed and **repaired 87 schools, 58 migrant learning centres and 29 school in refugee camps** so children could return to learning safety as soon as possible. We're continuing to work with communities to improve school infrastructure to be more resilient to future shocks.

FUNDING

Thanks to our generous donors, partners and supporters, we've raised **\$10.9 million** to help children in Myanmar affected by this crisis.

The **Children's Emergency Fund** quickly released \$1 million to Myanmar and \$50,000 to Thailand in March, so our teams could start helping families immediately. Since then, the Fund has provided an additional \$5.54 million to support the ongoing response, bringing the total this year to **\$6.44 million** for Myanmar and **\$100,000** for Thailand.

\$40M

FUNDING TARGET

\$10.9M RAISED

LONGER-TERM RECOVERY

We've been supporting children and families in Myanmar for **over 30 years**. We are one of the largest international non-governmental organisations working across the country and have strong relationships with local partners and community groups. Together, we will continue helping families rebuild and recover from this disaster.

Over the next six months, we aim to help **300,000 people, including 150,000 children**. We will continue providing food, water, cash, emergency health and nutrition care, as well as education, child protection and mental health support. However, our response is only **25% funded**. We **urgently need more funding** to protect children's lives and futures.



Lwin* and Maung Kyi* stand in front of their school, which is currently under reconstruction.

THANK YOU FOR SUPPORTING CHILDREN IN MYANMAR & THAILAND

**Name changed to protect identity
Photo credits: Save the Children*



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